

MALE CONTRACEPTION

Remember: No Glove, No Love

- Mom & Dad Sabasteanski

CURRENT OPTIONS & PROBLEMS

● **Women have approximately 11 options** for birth control, such as the pill, IUD, and tubal ligation.

● **Men have 2 options** including condoms and a vasectomy. Other options such as early withdrawal and the rhythm method (following a woman's regular menstrual cycle) are not considered reliable birth control options.

● **Failure Rate of Condoms - 12%** (Failure can be attributed to breakage and slippage.)

● **Vasectomy Reversal Success - 88%** (Optimal reversal success rate should be closer to 100%)

FEMALE ONLY ISSUE?

● No! Disparity in number of options **forces woman to bear most of the responsibility** for protection, both financial and health-wise.

● No! If women make all the decisions regarding contraception, **men actually lose some control or autonomy** over the choice

POSSIBLE SOLUTIONS

● Ideal male contraception options would be **similar to women's choices**: independent of act itself, minimal health side effects such as low sex drive or testosterone levels, and be cost effective.

● Current **possible solutions include a hormone pill and/or gel** to suppress sperm production.

My best birth control is now just to leave the lights on

- Joan Rivers

References:

Quotes - <https://quotesgram.com/img/birth-control-funny-quotes/1901968/>

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